



# **HANDS-ONLY CPR**

CPR WEEK JUNE 1-7



[heart.org/handsonlycpr](http://heart.org/handsonlycpr)

## **FREE *Hands-Only* CPR TRAINING**

**June 1-7 is National CPR and AED Awareness Week**

We're pleased to support the American Heart Association and its important mission to increase survival from cardiac arrest. We're asking all members within our community to please take one minute of your day to learn the lifesaving skills of Hands-Only CPR.

**Please join us:**

**Better@Homes**

**Granisle Seniors**

**Granisle Health Center**

**BCEHS Community Paramedicine**

**Location: 19 Chapman**

**Date: June 1, 2018**

**Time: 10:00**

**Coffee and Snacks available**

Please contact email: [Rena.Shepherd@bcehs.ca](mailto:Rena.Shepherd@bcehs.ca) or call 778 202 0377  
with event questions.

***We'll see you there!***